

Upcoming Programs

FEBRUARY 2012:

- 2 Ethic & Conflicts of Interest - WisLine - 2-4 pm
- 6 Legislative Dialogues - Liberty Hall - Kimberly
- 7 Pesticide Applicator Trng-Door County - Peninsula Room - 9 am-3:30 pm
- 8 State Land Use Program Updates - WisLine - 10:30 am-noon
- 8 Head Start Family Night - Peninsula Room - 4 pm-6 pm
- 9 Principle of Parliamentary Authority - WisLine - 3-4:30 pm
- 10 "Eating for A Healthy Heart" - Washington Island Seniors
- 10-12 4-H Winter Leadership Camp - Camp TaPaWingo, Mishicot
- 14 The Heart Truth for Women - Peninsula Room - Noon-1:30 pm
- 15 Pesticide Applicator Trng-Kewaunee Co. (call 920-388-7141 to register)
- 16 Principles of a Meeting & Majority Rule - WisLine - 3-4:30 pm
- 18 4-H Project Day - Bay View Lutheran Church - 9 am-2 pm
- 21 "Eating for A Healthy Heart" - Senior Center
- 22 "Eating for A Healthy Heart" - Prince of Peace
- 22 Head Start Students - Sunset School - 8:30-9:30 am & 1-2 pm
- 22 Door County CARES Planning Committee - Peninsula Room - 11:30-1:00
- 23 Principle of Order - WisLine - 3-4:30 pm

MARCH 2012:

- 1 Minutes of Local Government Meetings - WisLine - 3-4:30 pm
- 1 DCCP-Dev. Disabilities - "Identifying Hunger vs. Satiety" - NWTC - 3:30-5:30
- 6 DCCP-Mental Illness - "Utilizing Lentils in Low Cost High Protein Meals" - Pen. Rm. 11-12:30
- 8 DCCP-Dev. Disabilities - "Choosing Snacks for Health" - NWTC - 3:30-5:30
- 9 Door County Seniors - "Using & Storing Cruciferous Vegetables" - Washington Is. - 10:30-12
- 14 Learning in Retirement - "Pressure Cooking" - Pen. Rm. - 10-12:00
- 15 Nutrition & Food Myths - Peninsula Room - Noon-1:30 pm
- 15 DCCP-Dev. Disabilities - "Drinks for Good Hydration" - NWTC - 3:30-5:30
- 20 Door County Seniors - "Using & Storing Cruciferous Vegetables" - Sturgeon Bay Senior Res. Ctr. - 10:30-12
- 21 Door County Seniors - "Using & storing Cruciferous Vegetables" - Prince of Peace Church - 10:30-12
- 22 DCCP-Developmental Disabilities - "Fast Food" - NWTC - 3:30-5:30

OUR MISSION

"Helping the people of Wisconsin and Door County apply university research, knowledge, and resources to meet their educational needs wherever they live and work"

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FEBRUARY 2012 COUNTY BOARD NEWSLETTER



Head Start parents and youth learn about spending, saving, and sharing money at Head Start Family Night.

DOOR COUNTY
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Door County UW Extension Educational Programming



Karen Hintz
Interim Community Development

Strategic Planning for The Community Garden & NAMI/JAK's Place Nonprofits play a large part in making Door County a good place to live and raise a family. They rely on dedicated volunteers to keep organizations going. In January, I facilitated two nonprofit planning sessions. **The Community Garden** Board of Directors prioritized goals for directing the development of this new organization. Board members, staff and program participants of the **National Alliance for Mentally Ill of Door County** which operates **JAK's Place**, took time to assess their strengths and weaknesses and identified strategies to continue to provide support for people with mental illnesses and their families.



Pam Peterson
Family Living

Thirty-seven Head Start parents and children participated in the Head Start Family Night on January 11th at the County Government Center. The educational focus was "How to Teach Kids About Money" including earning, spending wisely and saving. In the process, parents learned a little too as they visited learning stations with kids to identify and match coins, complete money puzzles and "comparison shop." Parents also learned ways to stretch their food dollars and families enjoyed a healthy meal from the baked potato bar. Head Start teachers were on hand to provide classroom updates and help with program activities. UW-Extension has been asked to expand current programming with the Sturgeon Bay Head Start Program to the Head Start classroom operated at Door County Childcare.



Dawn Kuelz
4-H Youth Development

The 2011-12 4-H Year is underway with many great activities coming up! So far this year, a total of 200 youth have signed up for 4-H membership, and 69 adults are enrolled and screened as 4-H leaders. February will be the big project learning day for 4-H members, called Super Saturday. Youth members can sign up for classes in basketry, glass painting, magnetic bulletin boards, science experiments, compass orienteering, nature photography and more. It will be a fun day of learning about many 4-H projects and skill building for the members.

Jenny Spude, Imelda Delchambre, Barbie Stauber
Wisconsin Nutrition Education Program (WNEP)

With an all time high rate of Sturgeon Bay school children receiving free or reduced meals, conversations have been started and meetings held to discuss the implementation of a summer feeding program for children at two locations in Sturgeon Bay. One community measure of food security is having a summer feeding program for children. Efforts are planned for initiating a program in the summer of 2013, with a trial program this coming summer 2012.



Dean Volenberg
Agriculture

This time of year many of us don't think about insect pests, or for that matter, insects in general. Insects to most are a summertime event. Certainly there is the occasional multicolored Asian lady beetle flying around light sources in the middle of winter. Another insect pest has now found Wisconsin to be a suitable place to over-winter. This pest is the brown marmorated stink bug (BMSB). This pest is of Asian origin and has more than 300 host plants on which it will feed. The BMSB can be quite destructive to fruit crops, and therefore is a concern to Door County fruit growers. For homeowners, BMSB is a nuisance pest that moves into homes and outbuildings in the fall of the year. These adult BMSB "wake up" during warm winter days and so you may encounter them in your home in the very near future. If you think you have spotted a BMSB compare it to the pictures located at: <http://door.uwex.edu/files/2011/08/bmsb-slide.pdf> Early detection and management will help Door County avoid some of the detrimental effects of this insect pest. If you believe you have spotted BMSB, please contact the UW-Extension office.