



Imelda Delchambre
FoodWise Nutrition Education



The FoodWise Nutrition Education program, is federally funded by the Supplemental Nutrition Assistance Program-Education (SNAP-Ed) and the Expanded Food and Nutrition Education Program (EFNEP) and serves Wisconsin residents with limited incomes. Education is offered in the following areas: nutrition, physical activity, family meals, preparing foods, safe food handling, preparation and storage practices, managing food resources, and thrifty shopping practices. Programming places include Boys and Girls Club, HeadStart, Senior Centers and Food Pantries.

Upcoming Programs

MARCH 2017

- 6 - Grain Management in Low-Margin Years, 1-4 pm, Kewaunee Co. Hwy. Dept.
- 7 - StrongWomen Spring 2017 program starts (Tues/Thurs - 10 wks)
- 11 - 4-H Volunteer Orientation, 10:30-Noon, Door County Library
- 15 - Cancer Clear and Simple, 1:00-4:00 pm, Peninsula Rm, Gov't Center
- 16 - 4-H Camp Counselor Interviews, 6:30-8 pm, Brown Co UWEX
- 20 - 4-H Robotics Club, 6:30-8:00 pm, Gov't Center
- 21 - Elder Abuse? Not in my community!, 1-4 pm, Hope Church
- 21 - Fair Judges Training Webinar, 6:00 pm, Gov't Center
- 23 - 4-H Speaking Contest & Foods Revue, 5:30 pm, Gov't Center

APRIL 2017

- T/Th - StrongWomen Spring 2017 Program (on-going 10 wk program)
- 5-6 - Legislative Days, Madison
- 3 (Mondays)- Through May 22 - Raising a Thinking Child Workshop for Parents, 6:30-8 pm, Boys and Girls Club
- 12 - Cancer Clear and Simple, 1:00-4:00 pm, Baileys Harbor Town Hall
- 25 - HCE Program: "Volunteer Center", 1 pm, Peninsula Room, Gov't Center
- 29 - 4-H Day of Service
- 29 - 4-H Small Animal Swap, Door County Coop Country Store, 7:00 am

MARCH 2017 COUNTY BOARD NEWSLETTER



Door County UW-Extension was recently recognized as the Boys & Girls Club's 2016 Program Partner of the Year



Bringing University research to the people of Door County

Door County University of Wisconsin-Extension
421 Nebraska Street, Sturgeon Bay, WI 54235
Phone: (920) 746-2260 w Fax: (920) 746-2531
8:00 am - 4:30 pm, M-F
<http://door.uwex.edu>

Door County UW-Extension Educational Programming



Rob Burke
Community Development & Dept. Head

The purpose of Legislative Days is to educate state officials about Door and Kewaunee Counties, and to lobby for state action to help address local issues and concerns. Legislative Days 2017 will take place in Madison on Wednesday and Thursday, April 5-6.

The first Door County Legislative Days program was conducted in 2003, and has been repeated every two years since then. Our delegation to Madison has always received high marks from legislators and state officials for our level of preparation and communicating effectively our issues to them.

Some of the major Door/Kewaunee Legislative Days 2017 agenda topics will be:

- Support for additional funding for improving rural broadband;
- Thanking Wisconsin for beginning the rule making process on waste management practices in Karst areas; and urging continuation of the rule making process;
- Support funding for river restoration based on the existing Total Maximum Daily Load process;
- Seed funding for rural business innovation;
- Opposition to the proposed repeal of statewide school start date standard.

Critical to the success of this event is the active participation of at least 100 Door and Kewaunee County citizen representatives, so that at least one local delegate will visit with every legislator.

For more information contact Rob Burke in the Door County UW-Extension Office, 920-746-2262.



Dawn VandeVoort
4-H Youth Development

Youth in 4-H will have the opportunity to practice their communication skills in March through a few 4-H opportunities! On March 23rd, we will be hosting the annual 4-H Speaking Contest for youth to show off their demonstrations, speeches and interpretive readings. It's a very exciting evening and there are lots of great presentations! In a new twist this year, we are also including a Graphic Design contest—where 4-H'ers will create a new promotional brochure, bookmark or flyer. Youth can use their computer skills to “speak” volumes about the 4-H Youth Development experience!

Another skill building opportunity for our 4-H'ers will be through the 4-H Foods Revue! This annual event, which counts as participation in the Door County Fair, allows youth to choose their favorite snack or main dish recipes and create them for a judge. While their entry is being critiqued by the judge, they will discuss nutritional information, preparation methods, challenges, successes and more. The youth enjoy this opportunity to be creative with food and practice their communication skills!



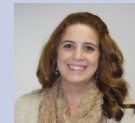
Annie Deutsch
Agriculture Agent

When commodity prices are low, margins are tight. UW Extension specialists will share their knowledge of grain management in low-margin yields at a special seminar March 6, 2017, 1:00-4:00 pm at the Kewaunee Highway Department Building, E4280 County Rd F, Kewaunee, WI.

Join specialists Shawn Conley, UW Agronomy; Dan Smith, UW NPM; Joe Lauer, UW Agronomy; Damon Smith, UW Plant Pathology; Bryan Jensen, UW Entomology; and Paul Mitchell, UW Ag & Applied Econ, as they cover a wide range of topics including:

- Soybean inputs that deliver the highest ROI in a low-margin year
- Practical weed management for low-margin years
- How to survive and thrive on current corn price projections
- Smart disease management decisions
- Managing insects economically
- Partial budget analysis: a practice tool for low margin years

This information-packed seminar is FREE. Please RSVP for this event by contacting the Door County Extension Office at (920) 746-2260 or email Annie Deutsch at adeutsch@co.door.wi.us.



Tenley Koehler
Family Living

On February 27th, 2017 UW Extension partnered with the Partnership for Children and Families and the YMCA to host a focus group for parents of children ages 0-5. We had a great group of 14 diverse mothers, fathers, and grandparents who shared their experiences of raising children in modern day Door County. Each parent brought a different point of view to the table and helped paint a picture of the accessibility, appeal, and challenges of being a new family on the peninsula. I will be spending the following days compiling parent responses to share with partners and interested community members. We hope this information will bring to light best practices for attracting, retaining, and appropriately servicing our young families and children in Door County. Below is a brief snapshot of a few of the responses from new and expecting Door County parents.

What makes parenting in Door County unique?

- Great opportunities for outdoor activities for the family and love the sense of community
- Lack support for new parents (postpartum, breastfeeding, bereavement, etc.)
- Sense of isolation and difficulty finding inclusive groups
- Nice to know your local farmers and attend the farmer's markets
- Need more quality/affordable childcare options
- Would like greater access to pediatric health care, especially pediatric mental health care
- And much more!